

Message from the President . . .

The Pregnancy Care Centre Society of Kamloops is a non-denominational, non-profit organization which will assist women and men faced with an unplanned pregnancy.

The Pregnancy Care Centre Society of Kamloops is a non-profit organization dedicated to helping those who are facing an unplanned pregnancy. We will offer counseling, support groups, and practical resources before and after giving birth.

The support we have received from a wide spectrum of churches and organizations indicates that it is a much needed facility.

Please note the name change for the newsletter to 'Having Hope'. It was thought that the essential reason for the Pregnancy Centre is to give hope to people in crisis, and 'Having Hope' as a headline would get the message across very quickly.

Pat Stanyer

Centre Opening

Please join us as we celebrate the opening of the new Pregnancy Care Centre

Ste 200 - 535 Tranquille Road
(above the Sal Mart)

Saturday, May 5, from 1:00 p.m. to 5:00 p.m.
Ribbon cutting at 1:30 p.m.

Meet the Volunteer Peer Counsellors, Board of Directors and Administrator who can answer your questions

Refreshments will be served

Putting Fun into Fundraising

Starting shortly before Christmas and right through to Easter we placed 300+ baby bottles in Kamloops churches. We ask parishioners if they would like to fill a bottle with loose change. With great enthusiasm they did just that helping to raise thousands of dollars for the Pregnancy Care Centre. Thank you all for your generous support. God Bless you!

For those churches that missed out we will be offering you the baby bottles in the fall. We plan to do a handout for the Christmas season as well for all our loyal supporters.

Students at St. Ann's Academy had a competition as to which class could raise the most money as they filled a plexiglass cross with coins. The Grade 7 class won, raising \$700 of the more than \$1500 in total, with the proceeds going to the Pregnancy Care Centre. Thank you one and

all. May you be richly blessed.

There is a way to support our Centre without individual cost. Through a program called Shop & Support every purchase you make can help to raise money for our Centre at no cost to you. All you have to do is purchase a gift card (through Shop & Support) for a designated amount (your choice) and use it as you would cash at your favorite store. Shop and Support will pay an average of 5% of your shopping dollar to the Pregnancy Centre. Some 50+ stores on their retail list are right here in Kamloops. We all need food, gas, clothing, furniture, or do renovations etc. We hope to start this program soon.

If you are interested and would like to know more please phone *June Stratichuk*, Fund-raiser Chairperson @ 374-2754.



Mission Statement

"We desire to empower those who are faced with an unplanned pregnancy, through education, resources and support."

Message from the Administrator . . .

Between our last newsletter and this one, much has transpired. We have finalized the steps necessary to incorporate the Pregnancy Care Centre as an official non-profit Society. An inaugural Board of Directors was established from the volunteers working on the Steering Committee and one of the first acts these directors undertook was to hire me as the Office Administrator. Presently this is a part-time position of 10 hours a week, with the possibility to be extended when and if needed. For now, I will be in the office from noon until four on Monday, Tuesday and Wednesday.

I am excited and honoured to have been selected for this job. I humbly embrace the responsibility and the opportunity to help make the Centre a successful outreach in our community.

The Board also found the ideal location for our Centre – directly above the Salvation Army's Sal Mart on Tranquille. After some negotiation with the landlord we received the keys on February 17th. I am happy to report that with the donations of furniture, painting, office supplies / equipment, and software, our centre has been able to keep our start-up costs down. We are indebted to our supporters for all their help and gifts!

Right from the beginning the Pregnancy Care Centre planned to become part of the Canadian Association of Pregnancy Support Services (CAPSS) and benefit from this affiliation by being able to use their materials and experience

as well as their valuable training for Administrator and Peer Counselling. Subsequently 32 interested volunteers, representing 16 different churches in our community and from a variety of different backgrounds, received 21 hours of intensive instruction and many of these caring people are presently being interviewed to become peer counsellors. All come with the same desire to "share the love of Jesus Christ and help women caught in a pregnancy crisis".

I would like to thank Beth Gray and Anne Waddell who traveled respectively from Ontario and Alberta in order to give us the CAPSS



training. They did an excellent job and I trust that our community will greatly benefit from their professional and loving input.

Now we are ready to open our doors for the purpose of applying our mandate: to provide a safe haven, a listening ear, friendship and accurate information to enable women to make educated and loving decisions. See page 1 for information about the opening - hope to see you there!

Shirley Bosman



Pregnancy Care Centre Board of Directors:

Pat Stanyer, *President*
Sharon Ludwig, *Vice President*
Susan Charlton, *Treasurer*
Sheila Bambauer, *Secretary*
Deborah Andronyk, *Director*
Robynn-dai Arthur, *Director*
Megan Gleddie, *Director*
Maureen Simpson, *Director*

Centre's Needs

- TV, Stand, VCR, DVD player
- ♥
- 2 small coffee tables
- ♥
- 15 clear plastic brochure holders
- ♥
- small stereo to play CD's for background music
- ♥
- easy listening CD's (instrumental)
- ♥
- 2 meeting room tables with folding legs
- ♥
- 1 paper shredder
- ♥
- several waste paper baskets
- ♥
- large artificial plants to add to counselling room
- ♥
- If you can help with any of these items please call the office at 376-4646.

I want to be involved in the Pregnancy Care Centre of Kamloops by:

- Becoming a member Single Membership \$10.00 Family Membership \$15.00

I am interested in supporting financially:

- One time gift** of: \$_____ (We have applied for tax deductible status, at this time we are unable to issue a receipt).

- Pre-authorized monthly gift agreement** - I authorize the *Pregnancy Care Centre Society of Kamloops* to automatically withdraw \$_____ from my financial institution on or around the 1st day of each month until further notice.

- Voided cheque attached.** Signature _____ Date _____

Name: _____ Phone: _____

Address: _____ City: _____

Postal Code: _____ E-Mail address: _____

Please mail to, and make cheque payable to, the Pregnancy Care Centre of Kamloops.

St 200 - 535 Tranquille Rd., Kamloops, BC V2B 3H5

- I do not want to receive information about the Pregnancy Care Centre of Kamloops.